



Studio Visual Steps  
**Windows Vista  
 Cleanup and Maintenance  
 for SENIORS**

A computer, just like a car, needs regular 'tune ups'. If you do an overall cleanup Windows Vista will not only work faster, it will be more stable and efficient as well. More importantly, it will save you a lot of time and eliminate finger-pounding frustration!

So if regular maintenance can enhance the performance of Windows Vista, how can you do this systematically? In this hands-on book, the maintenance of Windows Vista and the hard disk cleanup is thoroughly explained to you step by step. In addition, you will learn about some of the common problems that can arise with hardware and software.

You will be able to execute all actions directly on your own computer and you will see the results instantly. Your computer will be running like clockwork again!

**Topics covered in this book:**

- getting to know your computer
- improving computer performance
- cleaning up your hard disk, Windows Mail and Internet Explorer
- tips on how to speed up your computer
- installing and deleting programs
- solving problems

**Prior experience:**

This book has been written for those who have achieved the computer skills covered in the previous volumes of Windows Vista for Seniors and More Windows Vista for Seniors.

**Suitable for:**

Windows Vista Home Basic  
 Windows Vista Home Premium  
 Windows Vista Ultimate

**Accompanying support website:**

[www.visualsteps.com/vistacleanup](http://www.visualsteps.com/vistacleanup)

**Visual Steps™**

Windows Vista Cleanup and Maintenance for SENIORS makes use of the Visual Steps Method developed for adult learners by **Addo Stuur**. Key features in the series...for SENIORS:

- **Content:** the special needs and requirements of the beginning user with little or no technical background have been taken into account.
- **Structure:** self-paced, learn as you go. Proceed step by step with easy to follow instructions. What's more, the chapters are organized in such a way that you can skip a chapter or repeat another as desired.
- **Illustrations:** plentiful use of screen illustrations to show if you are on the right track.
- **Start right away:** lay the book by the keyboard and carry out the instructions on your own computer as shown in the book.

**The Studio Visual Steps Authors**

The Studio Visual Steps team of authors consist of different professionals, all thoroughly experienced in their subject field. The proven Visual Steps methodology features:

- Easy, step by step instructions
- Screen illustrations for each step
- Explanations and additional background information in plain English

**Also available**

Internet and E-mail for SENIORS with Windows Vista  
 ISBN 978 90 5905 284 0

Photos, Video and Music with Windows Vista for SENIORS  
 ISBN 978 90 5905 065 5

Interesting Online Applications for SENIORS  
 ISBN 978 90 5905 285 7



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 CANADA \$ 21.95



Windows Vista Cleanup and Maintenance for SENIORS

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# Windows Vista Cleanup and Maintenance for SENIORS

*Use the built-in cleanup and optimization utilities available in Windows Vista*



*Periodic tune ups*

*Preventive maintenance*

*Keep your PC in top form*



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[www.visualsteps.com/vistacleanup](http://www.visualsteps.com/vistacleanup)